

# Trim to Fit Wrist Seal Instructions

3870 Mustang Way  
Bellingham, WA  
USA 98226

TOLL FREE  
EMAIL  
WEB

1.800.526.0532  
mustangusa@mustangsurvival.com  
www.mustangsurvival.com



Not all Mustang products have "Trim-to-Fit" seals. Consult product manual prior to proceeding with permanent alteration.

For suits that come equipped with universal-sized wrist seals that have a tapered sealing surface at the end of the cuff. This tapered end allows you to modify the size of the cuff opening to match the physical characteristics of your hand and wrist. Trimming the end of the cuff increases the diameter of the end opening, allowing a larger wrist to be inserted and sealed comfortably without damaging the cuff. Users with unusually boney wrists should try to make the wrist seal fit properly further up the arm where the sealing surface is smooth. Once the wrist seal is trimmed, it may not provide an adequate seal for a smaller wrist.

**Required materials:** Ruler, sharp scissors and talcum powder. See the bottom of the page for trim to fit wrist seal instructions for used suits.

## Trim to Fit Instructions - New Suits

The trim table below details recommended "Trim Off" lengths relative to wrist size. To ensure a watertight seal that provides safety, the fit should be slightly uncomfortable without cutting off circulation to your hand. Don't cut off more wrist seal than recommended, otherwise the safety provided may be compromised.

**Step 1** - Use a tailor's measuring tape or some other means (string) to determine each wrist circumference (measure just above the wrist joint towards the elbow). Left and right wrist sizes may vary. Measure again to confirm.

Trim Off	To Fit Wrist
0"	5 1/2" - 6"
1/4"	6 1/2"
1/2"	7"
3/4"	7 1/2"
1"	8"



**Step 2** - Refer to the trim table above and determine the recommended "Trim Off" amount. (Eg: a wrist size of 7" requires approximately 1/2" be trimmed from the cuff end)

**Step 3** - If wrist circumference is 6" or less, try on the cuff "as is" to gauge the comfort and seal provided. Continue with trimming only if required.

**Step 4** - If trimming is required, mark a circular line around the cuff that is offset from the original cuff end by the recommended "Trim Off" amount.



**Step 5** - Using sharp scissors, or a razor, carefully cut the cuff end at the marked line. Evaluate the fit and comfort after each cut. Apply talcum powder to your hand and wrist to make donning the cuff much easier. Don the sleeve by pointing the fingers straight, tucking the thumb underneath and inserting the hand through the seal. Do not make a fist when putting your wrist through the seal. Forcing the wrist through a cuff that is too small may tear the cuff end open.



**Step 6** - If further trimming is required, shorten the cuff end 1/8" at a time until the optimum balance of fit and comfort is achieved. It is not recommended to exceed the original cut by more than 1/2"

**Step 7** - To maximize the protection provided by the wrist seals, try to minimize flexing of the hand-wrist-arm muscles when in the water.

## Trim to Fit Instructions - Used Suits

The condition of a used suit may not be obvious, so carefully don each of the wrist seals prior to trimming. To ensure a watertight seal that provides safety, the fit should be slightly uncomfortable without cutting off circulation to your hand. Don't cut off more than the required amount, otherwise the safety provided by the wrist seal may be compromised. Perform the following steps to trim the wrist seals of a used suit.

**Step 1** - Apply talcum powder to your hand and wrist to make donning the cuff much easier.

**Step 2** - Don the sleeve by pointing the fingers straight, tucking the thumb underneath and inserting the hand through the seal. Do not make a fist when putting your wrist through the seal. Forcing the wrist through a cuff that is too small may tear the cuff end open.

**Step 3** - If further trimming is required, shorten the cuff end 1/8" at a time until the optimum balance of fit and comfort is achieved.

**Step 4** - To maximize the protection provided by the wrist seals, try to minimize flexing of the hand-wrist-arm muscles when in the water.